Using the grid below, find the intersection between your starting point and destination to locate the average walking time. Keep in mind that going uphill will take longer than going downhill. You may need to switch your start with your destination to use the grid (e.g., if you're going from Cowell to Oakes, you'll need to find Oakes in the first column and read right to find Cowell).

The creation of unofficial pathways can destroy both natural groundcover and the underlying soil. Please stay on roads or established trails.